

Hello Adriatic Class!



Just a little message to say I'm thinking about you all lots and missing our classroom and school very much! How are you all? I hope you've all been keeping yourself busy while having to stay at home. Have you been helping your mum and dad with the household chores? What fun activities have you been doing with your brothers and sisters? How many books have you read so far? Have they all been story books, or have you challenged yourself by reading some poetry and non-fiction?

It's very strange having to stay at home all day every day. I am finding it very strange too. I find it most difficult not being able to meet up with my family and friends. At weekends I used to love going shopping at Westfield or to Oxford Circus, or I would go out for dinner or to the cinema to watch a scary film (I love all horror/thriller movies. What movies do you like?). At times I feel sad because I can't do any of those things right now - everyone, including teachers, have to stay at home. But the amazing thing is, we are all staying safe by staying indoors! One day soon we will all be able to go out and do all of our favourite things again. I don't know about you Adriatic Class, but that thought makes me very happy and excited!

So, like you I've had to keep myself busy in lots of different ways. I have been going for a daily run in my local park - I'm unsure whether or not you've heard about this, but lots of adults have been nominating their friends and family members to run 5 kilometres to raise money for the NHS. Maybe some of your parents or older brothers/ sisters have been involved. Anyway, I got nominated by my sister, so I had to run 5 kilometres and donate £5. It's been extremely warm, so it was a very tough challenge! What have you been doing to keep fit and healthy? Have you been going for a daily walk with your family? Have you been tuning in to Joe Wick's daily PE lesson on YouTube (he's really great fun, so if you have access to the internet I would highly recommend it!)? Are you lucky enough to have a balcony or even a garden? If so, what exercises have you been doing? Maybe you could share some ideas with me so that I can get some tips off you! I am lucky enough to have a small garden, which I am very grateful for while the weather is so beautiful and sunny.



What do you think of my baking skills Adriatic Class? Usually I am not a baker, but I decided to step outside of my comfort zone and give it a go. It's always good to try a new challenge and besides you might end up loving it - like I did here with my baking. First, I made a Victoria sponge cake and then I made some chocolate cookies (Pret - the lovely coffee shop - released their yummy recipe on Instagram, so this was very exciting for me - I love Pret a Manger!) Have you tried any baking recipes or have you helped your parents to cook anything delicious? There are lots of simple baking/cooking recipes on <https://www.bbcgoodfood.com/> - have a go! I would love to see some photographs of what you've made once we return back to school 😊 or you could e-mail your photos to ict@benjonson.towerhamlets.sch.uk.

So, aside from exercising and baking, Meredith, Laurence and I have been busy putting learning online for you to have a go at. We create new tasks each week and you can find all of them on the school website under home learning. I hope you are having a go every day and more importantly I hope you are all reading a book every day. If you are reading independently - well done. If you are reading with an adult - fantastic, even better!

Look after yourselves and look after your family - I know how wonderfully kind and helpful you all are. I am very excited to hear all about your days at home once we return back to school. See you all soon Adriatic Class!

From Amy 😊